

# An Analysis of Inter County Play: Lessons for Coaches?

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In Association with

# ABOUT

- Robert has a Masters in Performance Analysis and currently Lectures on this subject in the University of Limerick.
- Robert acts as consultant to a number of the leading teams and organisations in Ireland and in the All Ireland Championship.
- He has spent over ten years working closely with elite sports teams and athlete to bring their performance to the next level.
- Robert works closely as an advisor on Gaelic Games performance statistics to Pat Daly.
- Robert has recently launched his first online eBook "An Experts Guide to Performance Analysis
- Robert Carroll is the creator of the website [www.videoanalyst.com](http://www.videoanalyst.com) which is the world's leading performance analysis site which regularly attracts over 15,000 visitors a month.
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## Game Day Analysis

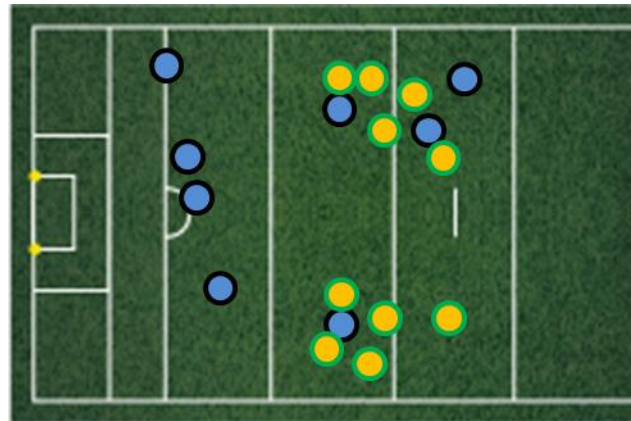
## Post Game Reports

## Opposition Scouting



● Kerry Won

Kerry Kickouts



Dublin Kickouts

● Dublin Won



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*Attacks*

*Shots*

*Scores*

*Kickouts*

*Turnovers*

*Scoreable  
Fouls*

# ATTACKS

- Attacks are every time we have possession of the ball in the opponents 45
- At inter-county level we are looking for a ration of 80%, Attacks : Shots
- I refer to this as Attacking Efficiency
- Keep in mind that this can also be a good measure of your defensive pressure
- This is a key metric you should be looking to do better than your opponent on

# SHOTS : SCORES

- *Shots : Scores ratio*
- *Remember that at inter-county level the average return for a shot from play is 44%*
- *Don't expect too much from your players, it's important to set realistic benchmarks*
- *Again it's important to measure your opponents return.*
- *The two metrics Attacking Efficiency and Shot % will go a long way to deciding the outcome of the game.*



# 9,000 SHOTS - FOOTBALL

SUCCESS % OF SHOTS TAKEN IN  
EACH ZONE.

9,000 + SHOTS ANALYSED

INCLUDING SHOTS FROM PLAY AND  
FROM FREE (2011-2014)



@GAELICSTATS



0.00%		0.00%	0.00%	18.18%	15.38%	46.15%	53.52%	74.47%	57.89%	45.31%	46.94%	43.75%	42.86%	20.00%	0.00%	25.00%	
0.00%	50.00%	44.44%	40.00%	50.00%	55.17%	48.39%	44.63%	50.00%	48.91%	51.08%	68.49%	44.12%	42.86%	37.50%	50.00%		0.00%
20.00%	16.67%	32.26%	36.36%	63.96%	74.74%	75.82%	59.81%	62.99%	73.39%	59.79%	80.00%	62.62%	59.60%	43.33%	44.83%	20.00%	50.00%
12.50%	19.23%	45.45%	46.27%	53.68%	67.61%	76.47%	69.84%	70.59%	65.52%	71.67%	72.13%	69.77%	45.74%	47.14%	35.80%	10.71%	37.50%
50.00%	33.33%	24.29%	45.19%	50.42%	57.83%	68.42%	83.87%	70.37%	60.00%	68.00%	65.08%	66.67%	38.73%	38.10%	36.97%	27.03%	50.00%
33.33%	21.74%	44.68%	40.98%	38.89%	50.60%	65.93%	60.19%	75.51%	68.29%	70.71%	60.00%	53.91%	45.10%	40.00%	27.06%	16.67%	22.22%
11.11%	37.50%	34.88%	33.33%	51.40%	34.38%	44.32%	47.62%	54.17%	58.33%	56.19%	57.30%	48.81%	40.70%	35.94%	29.63%	25.00%	20.00%
0.00%	21.05%	38.10%	47.83%	41.51%	36.67%	44.59%	36.47%	37.74%	44.23%	45.16%	45.00%	40.58%	39.29%	38.60%	29.73%	18.18%	33.33%
0.00%	14.29%	17.65%	29.17%	41.03%	37.78%	45.45%	44.87%	35.29%	50.00%	46.25%	41.67%	45.24%	29.27%	48.00%	14.29%	25.00%	20.00%
	25.00%	75.00%	18.18%	53.33%	25.00%	56.25%	33.33%	40.00%	47.62%	50.00%	26.67%	36.36%	40.00%	40.00%	28.57%	25.00%	25.00%
0.00%	0.00%	0.00%	28.57%	28.57%	36.36%	42.86%	31.25%	18.18%	0.00%	33.33%	0.00%	20.00%	57.14%	25.00%	0.00%	50.00%	0.00%
			0.00%	0.00%	0.00%		50.00%		20.00%	0.00%		0.00%	0.00%	0.00%	0.00%		
					0.00%	0.00%		0.00%	0.00%		0.00%			0.00%	0.00%		

# 3,000 HURLING - FOOTBALL

SUCCESS % OF SHOTS TAKEN IN  
EACH ZONE.

3,000 + SHOTS ANALYSED

INCLUDING SHOTS FROM PLAY AND  
FROM FREE (2012-2014)



@GAELICSTATS



	80%	43%	43%	61%	35%	38%	17%	0%
67%	59%	53%	52%	54%	61%	61%	50%	60%
46%	67%	86%	75%	76%	68%	83%	57%	52%
49%	67%	68%	79%	74%	80%	70%	52%	45%
33%	63%	63%	77%	75%	68%	55%	57%	40%
46%	45%	53%	48%	53%	45%	69%	41%	32%
56%	54%	44%	43%	55%	64%	50%	52%	50%
38%	47%	53%	55%	56%	50%	30%	31%	25%
43%	33%	57%	67%	43%	41%	33%	50%	0%
25%	0%		25%	50%	0%	0%	0%	0%

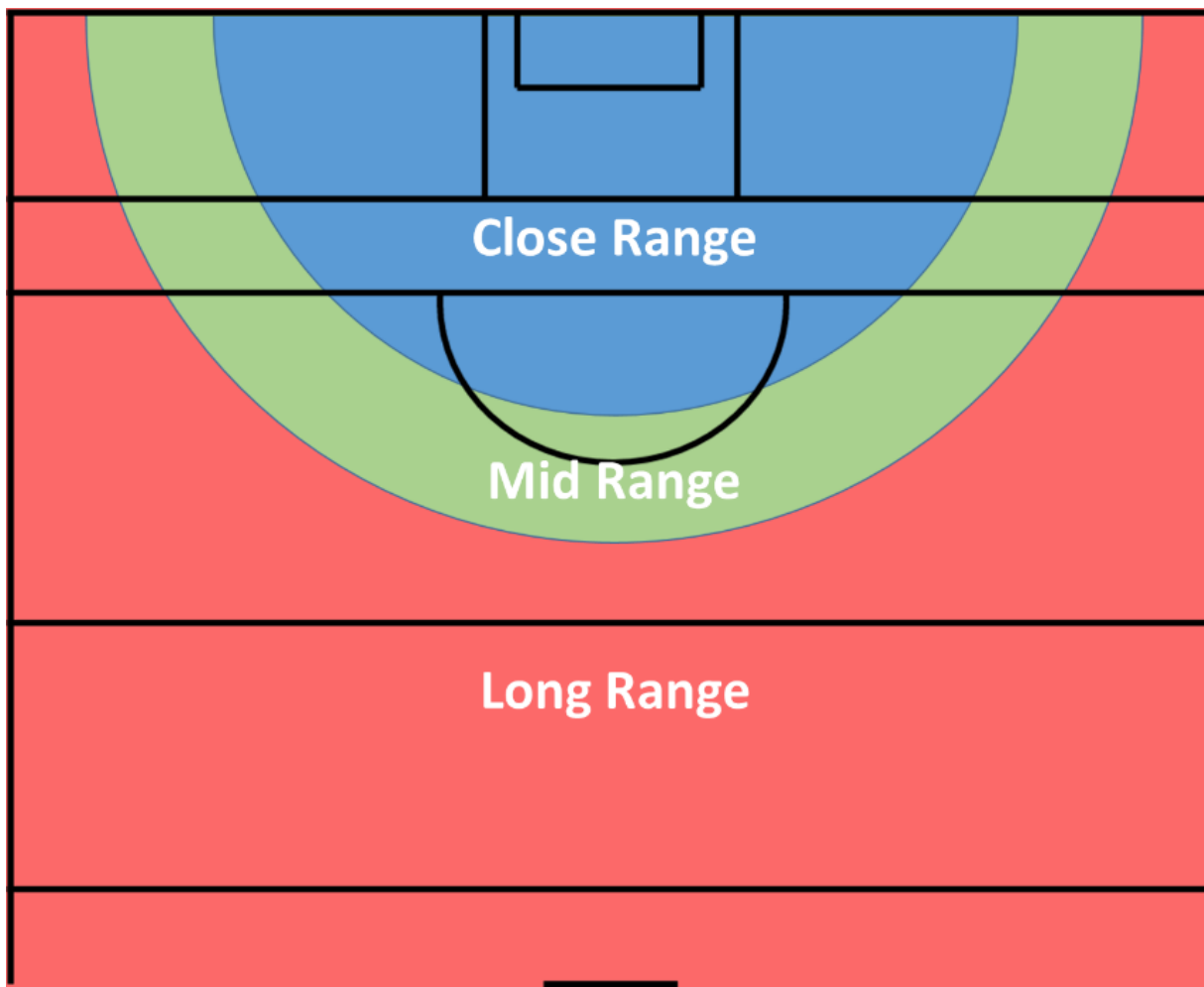
# 3 ACTION AREAS

## FROM PLAY

Close: 54%

Mid: 39%

Long: 28%



## FROM FREE

Close: 92%

Mid: 74%

Long: 43%

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